

The Wellington

SAMPLE MENU ITEMS

- Homemade Harvest Vegetable Soup • Hearty New England Clam Chowder •
- Wisconsin Cheddar Cheese Soup •
- Marinated Greek Tortellini Salad • Fresh Melon and Citrus Salad •
- Tossed Spring Greens Salad with Yasou Feta Dressing •

Featured Entrée's

- Stuffed Sole Filet – *Served with a White Wine Sauce* •
- Baby Back Ribs – *Smoked with Homestyle Barbeque Sauce* •
- Oriental Cashew Chicken – *Served with Lo Mien Noodles and Spring Rolls* •
- Flame Broiled Sirloin Steak – *With Fried House Cut Potato Wedges* •

Entrée's Always Available

- English Fish and Chips • Cottage Cheese and Fresh Fruit Plate •
- Homemade Chicken or Tuna Salad Sandwich on MultiGrain Bread •
- Choice of Grilled or Deli Style Sandwiches •
- Eggs, Omelets, or *Egg Beaters *cooked to order* •
- Chef's Cut Spring Blend Vegetables • Roasted Northern Gold Potatoes •
- Brown Sugar Glazed Banana Squash •
- Apple Cranberry Oatmeal Crunch with Fresh Cream • Strawberry Cloud Cake •
- Rockslide Brownie ala Mode with Warm Caramel Sauce •

**Healthy Heart Meals are lower in fat, sodium, sugar, or calories*